happiness of all concerned, the 200,000 passed through.

I congratulate you for having your 'lamps filled with oil'; for truly no one knows 'at what hour the Bridegroom cometh', and in the days and years ahead, many opportunities will arise when We will be able to so contact you without previous notice.

SAINT GERMAIN

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June 30th, 1953 - 10:30 p.m.

Beloved Friends of My Heart:

You know, tonight, seventy thousand years does not seem such a long time since you and I pledged each other, at the close of that civilization, to endure, and through the Power of Light within your hearts, you have passed through the shadows of the intervening centuries and have not been found wanting. It will give Me great happiness to report to you later on the results of your endeavors tonight. Thank you.

SAINT GERMAIN

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THOMAS PRINTZ' PRIVATE BULLETIN

No. 16 July 12, 1953

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Your Higher Self is a real and tremendous Being of Light, Power, Dignity, Beauty and Freedom. When you feel your heart beating, think that the energy that beats it has flowed from that Being to sustain your body's life.

Now that beautiful and perfect Being has a Plan and Design for your lifestream which It has endeavored to fulfill for several million years. Age after age It has provided you with a strong and beautiful body and endeavored to manifest through you the Design which God the Father desired that your Presence fulfill.

Again you are in possession of a vehicle provided by this Presence, and I would counsel that you turn to that Presence and listen to Its promptings through your heart. This will require a certain relinquishment of your consciousness to the passing things of Earth.

If you can and will make this effort, you will find that the Divine Teacher will set your house in order, and things will progress to a point where you will become of greater help and assistance to those around you. This must come for every man, every woman, every child, for it is preordained by Life; but we can press that day if we are wise.

The Ascended Master is always in complete control of all the energy of His lifestream, and the vibrations passing from His thought and feeling world always express the harmony of His Keynote. They are always in agreement with the Divine Law of Love, which is the consciousness of the

Father as manifest through the Celestial Kingdom, the Angelic Host, and the Hierarchy.

If you would visualize your consciousness like a great ball or sphere rotating like the hands of a clock, from left to right, at a certain speed, and all the time throwing off electrical waves into the atmosphere, you would have a very good picture of the activity of your consciousness as seen with the inner eye. Then if you would visualize the Ascended Master's Consciousness like a great iridescent sun filled with the prismatic colors of the rainbow, as much larger than your own as the head of a pin is to the sun in the heavens, and whirling in the same direction as your own, but so rapidly that you cannot see the rotation, and sending off tons of Flame into the atmosphere that makes the entire heavens glow with its radiance, you would see THAT towards which you aspire. Now if you will take the lesser consciousness (which is your own) and place it, mentally, in the very center of that great whirling sphere of the Master's Consciousness, visualize the absorption of the one into the other, and center that whole contemplation at the point between your eyes where the inner eye is developing, you will experience the most marvelous expansions of consciousness which has become like an open book to the advanced chelas of the past.

If you will dwell upon this explanation, you can hasten tremendously your own unfoldment, and if you will consciously blend your human consciousness into any Ascended Master's Consciousness upon which your mind dwells, you will find His Powers flowing through you freely to assist mankind.

Blessings and Love,

MAHA CHOHAN

THOMAS PRINTZ' PRIVATE BULLETIN

No. 17 July 19, 1953

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ON CAUSE AND EFFECT

The mixing of certain foods together forms a very pleasant and edible concoction which is a source of happiness and satisfaction to your families and friends. You set up a cause by mixing those various individual foods, and the ultimate result will be the effect you desire.

In this very simple example, you have the La of Karma - Cause and Effect. You know before yo begin what the effect will be, and you proceed with assurance that if you adhere unerringly to the necessary rules and regulations, that your ultimate presentation will be, not only beautiful, but tasty.

What you have done in your culinary experience, you can do equally well in life. If you would put the proper qualities together, you would have the same effect - with the same degree of accuracy - and you would have as desirable a manifestation as you had in your cooking; BUT because the qualities of fearlessness, confidence, strength and purity are unseen qualities, mankind feels that they can put a little less or a little more of one or the other into their original Cause and still have a desirable Effect, where no wise person in a culinary department would tamper with an intricate recipe and expect perfect results.

You may draw as much Love, as much Fearlessness, as much Light, or as much Happiness as you desire into any picture that you may hold in your mind, whether it is for the strength and endurance of